

Information on Temperatures

If the temperature is between...	What do I do?	Is any further action required?
36.3 – 37.5	<p>This is in the normal range and is nothing to worry about.</p> <p>There is no need to continue checking temperatures regularly if the first read is between 36.3 and 37.5.</p> <p>Only check again if you have a good reason e.g. child is sweating (without an obvious reason), child looks visibly hot and flustered (without an obvious reason), child is overly tired (without an obvious explanation), child is off form etc.</p> <p>There is no need to record these temperatures, or to inform parents/ guardians.</p>	No further action is required at this stage.
37.6 – 37.9	<p>We need to monitor, and recheck in 15 minutes.</p> <p>If the temperature is the same as before or lower, push the next recheck out to 30 minutes.</p> <p>If the temperature is increasing, but still below 38, recheck again at 15 minute intervals until it:</p> <ul style="list-style-type: none"> • stabilises under 38 - note it and inform parents to keep an eye on it that evening and the following morning, but no further action required • goes above 38 - child needs to be sent home under current HSE and DES guidelines 	<p>Please ensure that they remove an outer layer of clothing (hoodie, shirt, jacket etc) and encourage them to drink some fluids. Often, dehydration or overly warm clothing can artificially inflate a child's temperature. Wait at least ten minutes after the child removes their outer layer of clothing before rechecking the temperature.</p> <p>Ensure that they are not sitting next to a radiator or in direct sunlight. If you cannot lower the blinds in the classroom take them to a more shaded area before the next temperature check.</p> <p>Remove any ear defenders, hats or snoods for at least ten minutes prior to retaking the temperature</p> <p>Ensure that the child has been sitting or walking slowly (i.e. not engaging in any strenuous activity for at least ten minutes prior to taking the temperature)</p>
38 or higher	<p>If a child has a temperature of 38 degrees or higher, they cannot come to school.</p> <p>If a child develops a temperature of 38 degrees or higher, they must be sent home from school</p>	<p>Ensure that all steps above have been followed prior to taking temperature.</p> <p>Parent will need to contact GP to ascertain if referral for Covid-19 test is required</p> <p>Child will have to remain out of school until 48 hours temperature free</p>